

**Date:** October

**Time:** 7:00 pm

**Facilitator:** Sujata Mitra, Vice President

## In attendance

Vice President: Sujata Mitra

Treasurer: Caitlin Terrel

Secretary: Larkin Harris

Ashely Buscetta, DEI Chair & Community Outreach

Michelle Schell, Special Events Chair

Jen Paulte, Teacher Appreciation Chair, Field Day Lead

Alison Johnson, Room Parent Chair

## School Board Update

An update will be provided at the October meeting. Voting was taking place for middle school sports during the

## Admin Update

Dr. John McCain, Ms. Fernandez & Ms. Brown-Dunn, Ms. Donahue

### **Check In & Quick Connect**

An opportunity was provided for parents to do a quick emotional check in using a Mood Meter with Ms. Brown Dunn.

Announce

### **Announcements:**

A recommendation for hire was made for a 3<sup>rd</sup> grade teacher.

Attendance task force is expressing importance of students being present every day. Understanding that illness and emergencies may result in a need for children to be excused. Even excused absences count against the school. Attendance can impact a schools' accreditation status.

Conferences are November 3<sup>rd</sup> and 6<sup>th</sup>. Please connect with your child's teacher to schedule your conference.

### **Hazel Health**

#### **Ms. Brown Dunn –**

ACPS has partnered with Hazel Health to provide Mental Health services via tele-health.

You do not have to pay a co pay and you are able to receive services regardless of your: Insurance Status, Ability to Pay, or our Immigration Status

Hazel health bills through insurance if you have insurance but will not require a co-pay.

A referral to care is required by a parent or school staff member. There is a quick turnaround for services after a referral is made. It is important to answer/respond to requests, as referrals may be closed if Hazel Health is unable to reach you.

Ms. Brown Dunn, Mr. Patterson, or the Admin team can support you in making a referral.

### **Character Parade**

#### **Ms. Donahue**

- October 31, 9:30am
- Staff and students will walk through the school and around the block to showcase all of our favorite literary characters.
- **CLUB Transportation**
- PTA clubs are not able to provide transportation at present.
- Campagna students will be escorted from clubs to Campagna.

### **Thanksgiving Luncheon**

#### **Ms. Young**

Wednesday, November 15<sup>th</sup> you are invited to lunch with your student (held at their normal lunch time). Adult meals are \$5 each. We are asking for exact change or bills smaller than \$10.

If you would like to donate a meal, please reach out to the admin team.

Please register by 10/31.

### **Upcoming Dates and Events**

#### **Dr. McCain**

11/3 & 6 Parent Teacher Conferences

11/7 No School

11/8-10 Student Awards

11/11 Pizza and Puzzles 11:45 – 1p for Grades 3-5



11/13 DESSA Assessment Opens (K-8)

11/17 5<sup>th</sup> Grade Food Drive Ends

11/22-24 No School

11/30 Parent Coffee 9-10am

## Committee reports

### Fundraising & Special Events

Marine Corps Fun Run is 10/28 – 32 Children are signed up at Pentagon North Parking Lot! We're excited for Mr. Rotruck to join! The school with the most children signed up receive a \$1,000 grant for PE Program Funding

Bake Sale is on 11/7! Please volunteer to bake or sell goodies!

11/16 Matt & Tony's Family Night Out, \$25 per adult will gain entry and a drink. 20% of all other sales will be donated to the PTA.

10/27 PTA will be making rounds with the Rejuvenation Cart. Donations can be made via the PTA Member Hub.

12/2/23 is the pancake breakfast. We are looking for volunteers, come fill your belly before the Scottish Christmas Parade. The Middle School Orchestra will be providing entertainment in the form of Holiday Tunes.

Raffles will be amazing!

**Alexandria Child & Family Behavioral Health Services:** Ashley Buscetta, Christine Marketti, Joao Perosa

If you haven't had a chance to take the mental health survey, we would love your input:

<https://forms.office.com/g/3L2RzzNCxB> (English)

<https://forms.office.com/g/wHvT0Xd99r> (Spanish)

60 individuals have taken the survey.

Most Requested Services were:

Student Groups,

Social Skills Group

Mental Health Workshops for Students and Parents

Based on the responses CFBHS prepared support groups for parents and caregivers.

Parent & Caregiver Support Groups are scheduled for 11/8 Introduction to City Resources, 11/29 Anxiety and School Stress, and 12/13 – Managing Behaviors out of School.

11/15 5:30-7 JH will host a wellness fair for parents and staff.



## Child and Family Behavior Health Services (CFBHS)

Same Day Assessment (SDA)

Evaluación el mismo día (SDA)

In Person / En persona:

Tuesdays and Wednesdays from 9:00 am to 12:00pm.

Health Department, 4850 Mark Center Dr., Alexandria, VA 22311 7th floor.

Virtually / Virtualmente (online) – On Thursdays from 9:00 am to 12:00 pm.

The admission lasts around 2:30hs and after that one session per week.

You must bring the documents for Administrative Intake.

CFBHS intake line: 571-213-7963

Student Support Services Team (SST) Includes Dean of Students, Counselors, Social Workers, and Psychologist – CFBHS is currently only accepting families/students who do not have insurance or are covered by Medicaid or

## Treasurer's Report

A treasurers report will be provided at the November meeting.

## Secretary's Report

Approval of Minutes

September 21<sup>st</sup> minutes are posted on the website.

Motion to Approve: Ms. Young, Second Jennifer Palute, Approval

## New business/Q&A

Is there any guidance for a parent keeping a child home when illness may not need a formal doctors visit or note?

A fever is a good reason to keep a child home. You're always welcome to work with our Nurse Lisa Pastore and the school counselors as needed.

Greater than 5 days out of school is considered high. Parents are encouraged to utilize long weekends for travel as opposed to taking children out of school for vacations.

**Motion to Adjourn:** Larkin Harris, Second Allison Johnson



## Next meeting

November 30<sup>th</sup>, 7:00 pm

Zoom